

Fee:

\$410 +HST/Week or \$100 +HST/Day (\$75 +HST Friday) or ask about per class rates!

*Schedule Subject To Change Based On Intensive Enrolment

Quick breaks will be provided in between classes to eat snacks and change shoes! (Friday is a shorter day so there are no designated lunch breaks, but time will be given in between class to gets snacks!)

Dancers should pack a lunch each day and bring snacks and water!

*List for levels will be posted at the studio each day.

Due to Acro Alliance being in Monday Aug. 19th we will be placing students by their acro level for the first half of the day. We will post a list morning of in the studio for **Group A** or **Group B**

Mon. Aug. 19th	Studio A Acro Alliance		Studio B Cheryl/Abi		
9:00 - 9:30	WARM UP - ALL	9:00 - 9:30	WARM UP - ALL		
9:30 - 11:30	Acro A - Acro Alliance *we will place you in the appropriate level	9:30 - 10:15	Conditioning B - Abigail Clarke		
		10:15 - 11:15	Turns B - Abigail Clarke		
		11:15 - 11:30	Lunch B		
11:30 - 12:30	Contortion/Flexibility - All Levels - Acro Alliance	11:30 12:30	Contortion/ Flexibility - All Levels - Acro Alliance		
12:30 - 2:30	Acro B - Acro Alliance *we will place you in the appropriate level	12:30 - 12:45	Lunch A		
		12:45 - 1:45	Conditioning A - Cheryl Grimbleby		
		1:45 - 2:30	Turns - A - Cheryl Grimbleby		
		2:45 - 3:30	Inter/Teen Jazz - Cheryl Grimbleby	2:45 - 3:15	Junior Jumps - Abigail Clarke
		3:30 - 4:30	Junior Jazz - Cheryl Grimbleby	3:15 - 4:30	Inter/Teen Jumps - Abigail Clarke

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Tues. Aug. 20th	Studio A		Studio B		Studio C
9:00 - 9:30	Full Team Warm-Up		Full Team Warm-Up		
9:30 - 10:45	Junior Tap - Allison Toffan	9:30 - 10:45	Junior/Intermediate Ballet - Wendy Holt	9:30 - 10:30	Teen Jazz Tech - Abigail Clarke
10:45 - 12:00	Junior/Intermediate Tap - Allison Toffan	10:45 - 12:00	Teen Ballet - Wendy Holt	10:45 - 11:45	Junior Jazz Tech - Abigail Clarke
12:00 - 1:15	Teen Tap Tech - Allison Toffan	12:00 - 1:15	Junior Ballet - Wendy Holt	12:15 - 1:15	Junior/Intermediate Jazz Tech - Abigail Clarke
1:15 - 1:30	LUNCH				
1:30 - 2:00	Inter/Teen Floor Barre - Michelle McClelland		1:30 - 3:00	Junior Hip Hop - Jen Carter	
2:00 - 3:00	Inter/Teen Contemporary - Michelle McClelland				
3:00 - 3:30	Junior Floor Barre - Michelle McClelland		3:00 - 4:30	Inter/Teen Hip Hop - Jen Carter	
3:30 - 4:30	Junior Contemp - Michelle McClelland				

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WED Aug. 21	Studio A		Studio B		Studio C
9:00 - 9:30	Full Team Warm Up	9:00 - 9:30	Full Team Warm Up		
9:30 - 11:00	Teen Improvisation/Music - Allison Toffan	9:30 - 10:30	Junior/Inter Conditioning Bootcamp - Abigail Clarke	9:00 - 10:30	
				10:30 - 11:00	Junior/Inter Sail Turns/Fouettes - Abigail Clarke
11:00 - 12:30	Junior Improvisation/Music - Allison Toffan	11:00 - 12:30	Junior/Inter Acro - Jordana Cohen	11:00 - 11:30	Teen Sail Turns/ Fouette Drills - Abigail Clarke
				11:30 - 12:30	Teen Conditioning Bootcamp - Abigail Clarke
12:30 - 12:45	LUNCH BREAK				
12:45 - 2:00	Junior/Inter Improvisation/ Music - Allison Toffan	12:45 - 2:00	Junior Acro - Jordana Cohen	12:45 - 2:00	Teen Jazz Tech/ Combo - Abigail Clarke
		2:00 - 2:45	Partnering Workshop- Jordana Cohen ALL		
		2:45 - 3:45	Inter/Teen Acro - Jordana Cohen	2:45 - 3:45	Junior Jazz Tech - Abigail Clarke
		3:45 - 4:30	Junior Lyrical - Jordana Cohen	3:45- 4:30	Teen Contemporary - Abigail Clarke

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Prompt Pick-Up Please As We Have An Evening Studio Event!

Thurs. Aug 22nd	Studio B		Studio C
9:00 - 9:30	Full Team Warm Up	9:00 - 9:30	Full Team Warm Up
9:30 - 11:30	Junior Ballet - Gerard Mclsaac	9:30 - 10:45	Inter/Teen Jazz - Cheryl Grimbleby
		10:45 - 11:30	Inter/Teen Jazz Combo - Cheryl Grimbleby
11:30 - 1:45	Inter/Teen Ballet/Variations - Gerard Mclsaac	11:45 - 12:45	Junior Jazz - Cheryl Grimbleby
		12:45 - 1:45	Junior Aerials & Back Handsprings - Cheryl Grimbleby & Abigail Clarke
1:45 - 2:00	LUNCH		
2:00 - 3:15	Junior Jazz Funk - Caitlyn Gillespie	2:00-3:15	Inter/Teen Turns - Cheryl Grimbleby
3:15 - 4:30	Inter/Teen Jazz Funk - Caitlyn Gillespie	3:15 - 4:30	Junior Turns - Cheryl Grimbleby

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Fri. Aug. 23	Studio A		Studio B		Studio C
9:00 - 9:30	Full Team Warm-Up		Full Team Warm-Up		
9:30 - 11:00	Junior 1 Tap - Juliana Kelly	9:30 - 11:00	Inter/Teen Contemporary - Kate Hanson	9:30 - 10:45	Junior Legs/ Leaps/Turns - Abigail Clarke
				11:00 - 11:15	Inter Break
11:00 - 12:30	Teen Tap - Juliana Kelly	11:00 - 12:30	Junior Contemporary - Kate Hanson	11:15 - 12:30	Inter Legs/ Leaps/Turns - Abigail Clarke
12:30 - 2:00	Junior 2/Inter Tap Tech - Juliana Kelly	12:45 - 2:00	Teen Jazz - Kate Hanson	12:45 - 2:00	Junior 1 Legs/ Leaps/Turns - Abigail Clarke
	EARLIER END TIME FOR FRIDAY!	2:00 - 2:30	FULL TEAM STRETCH!		

End Of

SPARK

Summer Intensive!